

# FAIRWATER HIGH SCHOOL

## MAIN MEAL MENU 2015

### MONDAY

Cottage Pie  
served with Mixed Veg  
& Gravy  
Or  
Cheese Onion and  
Potato Pie  
Served with  
Baked Beans  
or Side Salad

### TUESDAY

Homemade Beef  
Lasagne  
or  
Vegetable Pasta Bake  
Served  
with  
Garlic Bread  
or  
Side Salad

### WEDNESDAY

Roast Chicken  
or  
Vegetable Burger  
Served  
with  
Roast Potatoes  
Mixed Veg  
and  
Gravy

### THURSDAY

Chicken Curry  
or  
Vegetable Curry  
  
Served  
with  
Boiled Rice  
and  
Mini Garlic Naan Bread

### FRIDAY

Battered Cod  
or  
Salmon Fishcakes  
Served  
with  
Chips or Mashed  
Potatoes  
Baked Beans  
or Peas

Sweet & Sour Chicken  
With  
Boiled Rice  
Or  
Tomato & Basil Pasta  
Bake  
With  
Garlic Bread  
Side Salad

Bolognese Pasta Bake  
or  
Cauliflower Cheese  
&  
Vegetables  
Served with  
Garlic Bread  
and  
Side Salad

Steak & Onion Pie  
or  
Vegetable Pie  
served  
with  
Roast Potatoes  
Mixed Vegetables  
&  
Gravy

Beef. Curry  
served with  
Boiled Rice  
and  
Mini Garlic Naan Bread  
or  
Vegetable Cottage Pie  
and  
Gravy

Breaded Cod  
or  
Salmon Fish Fingers  
served with  
Chips  
or  
Mashed Potatoes  
Beans/Peas/Salad

Spaghetti Bolognese  
or  
Vegetable Lasagne  
served  
with  
Garlic Bread  
and  
Side Salad

Three Fish Pie  
with  
Crunchy Cheese Top  
served with  
Mixed Vegetables  
or  
Vegetable Pasta Bake  
served with  
Garlic Bread & Salad

Roast Chicken  
with  
Roast Potatoes  
Mixed Vegetables  
and  
Gravy  
or  
Vegetable Sausage  
Casserole

Chicken Tikka Masala  
or  
Vegetable Tikka  
Masala  
served  
with  
Boiled Rice  
and  
Mini Garlic Naan Bread

Battered Haddock  
served  
with  
Chips or Mashed Pots  
or  
Cheese & Potato Pie  
all served with  
Peas/ Baked Beans  
or Side Salad

